

**PROGRAM OPERATIONS  
DIRECTIVE 40.0**

**SUBJECT:** Medication Assisted Treatment – Outpatient Detox Services

**ISSUED:** December 20, 2021

**PURPOSE:**

To clarify the process for providing Medication Assisted treatment for Outpatient Detox Services.

**POPULATION:**

All served by CMH through both co-occurring services and SUD only.

**REQUIREMENT:**

Individuals who require Detox Services (including opiate, alcohol detox) can receive these services from a CMH prescriber on an Outpatient basis under the following circumstances:

- The individual has an extensive support system that could provide 24/7 supervision and would be willing/able to contact a medical professional if the need arises.
- The individual would be willing/able/eligible to stay in a CMH crisis bed at Lincoln for seven days to be monitored daily prescriber and by group home staff.
- The person does not have medical issues/psychiatric issues that would create an unsafe situation in the outpatient setting. (examples: pancreatitis, GI bleeding, cirrhosis, untreated/labile hypertension)
- The prescriber will make the final determination with regard to whether the Detox will take place in an Outpatient or Inpatient setting, based on their clinical judgment. Safety will always be the first consideration.

Individuals who do not meet the criteria for Outpatient Detox will be referred to an area hospital (McLaren Port Huron, Lake Huron Medical Center or St. John's River District) for an inpatient detox.